**Somerset DofE**



**Bronze Expeditions**

**Information and kit list**

**Bronze Open Award 2022**

Thank you for signing-up for our Bronze Expedition - We are delighted to give you the opportunity of completing this key section of the Award.

**Payment / Terms and Conditions**

The cost will be £100 per person and payable through the SSE Outdoors website [Home (sseoutdoors.co.uk)](https://sseoutdoors.co.uk/)

**Dates – we will run a training day, and qualifier expedition for you – as per the dates below**

**Day Walk**

Come and meet everyone involved in the expedition, for a training day and a walk on the Quantocks with the SSE Outdoors Team

14th March 2022 – Kilve Court,  TA5 1EA  - 10am – 3pm

**Qualifier Expedition**

Staying on site at Kilve court, we will run through the training framework on the 19th and then do the qualifier expedition on the 20/21st  April

Please arrive at 2pm on 19th April 2022 – at Kilve Court TA5 1EA

Please collect at 5pm on 21st April 2022 – from Kilve Court TA5 1EA

**Food and Drink**

**Day walk**

Please bring a packed lunch and snacks for the day

**Expedition - you will carry the food for the weekend yourselves, so think about what you bring!**

Provide own breakfast for **two** days

Provide snacks and packed lunches for **three** days.

Provide own evening meal for **two nights**, due to C19 individuals will cook for themselves.  This should be simple boil in the bag / pasta / rice type meals.

Water – each person must carry **1 ½ litres of water** – please bring own water bottles. These can be re filled at the campsite

[Expedition food - The Duke of Edinburgh's Award (DofE) Shopping](https://www.dofe.org/shopping/expedition-kit/expedition-food/)

**SSE Outdoors**

SSE Outdoors will supervise and assess the expedition

**Transport**

Parents to bring to Kilve and collect from Kilve TA5 1EA

**Kit**

Please see kit list for more information on what to bring / wear / carry for the expeditions. If you have any questions, please ask.

SSE Outdoors will provide group kit – if help with any personal kit is needed – please email [DofE@somerset.gov.uk](mailto:DofE@somerset.gov.uk) before the expedition

**Additional points**

SSE Outdoors reserve the right to cancel the expedition due to C19 concerns. We will do this 48 hours before the event.  We will then look to re book at a time that suits the group in the future.

SSE may decide to use technology as an integral part of the expedition for navigation, safety, recording the event as they see fit. This may include allowing students to utilise helpful aspects of mobile phones but will not take away from the need for good solid navigation.

Due to C19, we will run the expeditions meeting #DofEWithADifference guidelines, staying at the same campsite for the duration, individuals using the same tents each night and not sharing tents with others (this decision may change as Covid-19 guidance changes) etc. This is to keep all Young People safe, but also giving them the best DofE expedition experience possible at this time. More details are available on [https://www.dofe.org/dofewithadifference/expedition-qas](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.dofe.org%2Fdofewithadifference%2Fexpedition-qas&data=02%7C01%7CCAuthers%40somerset.gov.uk%7Ce90c6023cbf34b395b5408d8482da4c6%7Cb524f606f77a4aa28da2fe70343b0cce%7C0%7C0%7C637338708154667677&sdata=DWp2d0e02cthI7QFkODpaImOJUPEOOEbkJyOekmpcPo%3D&reserved=0)

**Consent forms**

Please populate the consent form at the time of booking on line, so that we have all of the necessary details

**Questions**

We are here to help and support before, during and after expedition. If you have any questions, please contact us as below

Tel  01278 741270 [DofE@somerset.gov.uk](mailto:DofE@somerset.gov.uk)

**Kit List for All Expeditions**

Please wear / bring the following in your Rucksack

|  |  |
| --- | --- |
| 1 pair of hiking boots (broken in!) | Sleeping bag |
| 2 pairs of hiking socks | Sleeping bag liner (optional) |
| Jacket – waterproof and windproof | Whistle |
| Waterproof over trousers | Torch and spare batteries |
| 2 fleece tops or similar | Personal first aid kit |
| 2-3 t shrits –(thermal optional) | Expedition food including emergency ration |
| 2 walking trousers (not jeans) | Water bottle |
| 1 pair shorts – if appropriate | Cutlery |
| Underwear | Plate / bowl -plastic better |
| Nightwear | Mug – plastic better |
| Hat –sunhat as appropriate | Box matches in waterproof container |
|  | Wash kit/ personal hygiene items |
|  | Sunscreen |
|  | Towel - tiny |
| Rucksack | Emergency money (optional) |
| Roll Mat | Notebook and pencil |
|  | Watch (optional) |
|  | T -Towel / Sponge and Washing up Liquid |
|  | Individual hand sanitiser |
|  | Small packet of anti bacterial wipes |

**Group Kit**

|  |  |
| --- | --- |
| Tent - one per student | To be provided by SSE Outdoors |
| Trangia for cooking & Gas – two per group | To be provided by SSE Outdoors |
| Compass – 2 per group | To be provided by SSE Outdoors |
| Map – 2 per group | To be provided by SSE Outdoors |
|  |  |

**Group Kit in green will be provided by SSE Outdoors**

**Personal Kit in yellow – can be provided by SSE Outdoors, please let us know what you need, so we can prepare beforehand – email** [**DofE@somerset.gov.uk**](mailto:DofE@somerset.gov.uk) **if you need kit**

[The 20 Conditions of the Expedition section - The Duke of Edinburgh's Award (dofe.org)](https://www.dofe.org/20conditions)

The 20 conditions that you will need to meet in order to successfully ‘pass’ your expedition are as per the link. SSE Outdoor staff will ensure that you understand these on the practice expedition, so that you understand what the assessor will be assessing on the qualifier weekend.