

Risk assessment form (H&S)

Name of assessor(s)	Jake Tebbutt Ian Dovey	Group / Establishment:	SSE Outdoors
Date	January 2024		

What is the workplace / activity / equipment / conditions	How was the assessment done?	Next review date:
(delete as appropriate) being assessed:	e.g. desktop exercise, site visit, in consultation with employees, managers, safety representatives?	January 2024
Cheddar Reservoir – This is the main location used by groups. Stand up paddleboarding (SUP), mega-supping, kayaking,	Onsite RA, site knowledge & personal training and experience. Completed in consultation with lan	Mobile reception / nearest landline
powerboating and sailing – these activities are often outsourced and Run by Cheddar Watersports who hold their own AALS Licence and risk assessments.	Dovey our Technical Advisor.	Cheddar- good mobile reception plus landline in clubhouse
Onsite lake at Kilve Court –It is a purpose-built lake onsite of Kilve Court Residential Education Centre and will have 3 different types of craft delivery sessions (Sit on top kayaking, Stand up paddleboarding and Raft building).		Kilve Court – Instructor must ensure there is a mobile phone by the lake for use in case of an emergency (Contact details to be updated on staff room board when delivering sessions)

Who could be harmed, and how?	What is already being done to control the risks?			-	What further action is recommended to reduce risks further?	Action by whom?	Date action due	Date action done
		S	L	SxL	risks fulfiler:	Wilomi	due	done
All participants – Slips, trips & falls	 Safety brief given to all – causeways, grass banks can be slippery Walking advised at all times Different locations to be briefed as to where PPE needs to be worn 	2	3	6				

Issued by: SCC Corporate Health & Safety Unit

Who could be harmed, and how?	What is already being done to control the risks?			ating Likelihood	What further action is recommended to reduce risks further?	Action by whom?	Date action due	Date action done
		S	L	SxL	risks fulfiler:	WIIOIII	uue	done
	 Continuous monitoring of all throughout the activity Encouragement, advice & guidance throughout the session When handling equipment or moving past the designated safety area, PPE must be worn 							
All participants – being struck by equipment	 Regular instructor refreshes Safety brief given to all – teach participants how to hold paddles when not on the water (Paddlesports) A clear demonstration of correct use of paddles Correct use and fitting of all PPE Continuous monitoring throughout the session Helmets to be worn where necessary – instructor discretion/relevant to conditions and craft Manual handling techniques demonstrated for moving equipment to activity bases 	2	3	6				
All participants – Adverse Weather conditions	 Instructors trained – aware of weather for the day – the temperature – group kit needed & water temperature Safety brief given to all and weather conditions & temperatures highlighted – hot or cold Continuous monitoring of participants, especially in extreme weather conditions Covering legs and arms in the sun, application of sun cream throughout the day – remove form sun if needed Follow guidelines for health & safety issues regarding sun exposure Wetsuits and cags are available 	3	2	6	Instructor can pause the activity/tailor the content if needed where the group are at risk of being too cold or hot.			

Who could be harmed, and how?	What is already being done to control the risks?			ating L ikelihood	What further action is recommended to reduce risks further?	Action by whom?	Date action due	Date action done
		S	L	SxL	risks further:	WIIOIII	due	dolle
All participants – foreign bodies in the water / water borne viruses	 Instructor training Safety brief given to all Hands to be washed before food or drink is consumed at the end of the session Continuous monitoring throughout the session and on return to base 	2	2	4	Speak to staff at all water based activities to inform them of algae blooms and other issues that they need to be made aware of			
All participants – medical issues	 Instructor to be aware of any medical issues amongst group including their supporting staff Safety brief for all participants Individual risk assessments completed where appropriate 	3	2	6	Be aware of any issues beforehand and set out session accordingly.			
All participants – Direct contact with other water users	 Safety brief (being aware of who is using the water, keeping group together and sharing the working area) Constant monitoring of whole group 	2	2	4	Liaise with other water users and have a defined working area that doesn't interfere with them.			
All participants – Capsized boat	 Instructor training and competency Safety brief for all participants Constant monitoring of whole group Instructor to utilise Position of Most Usefulness when managing groups on the lake at Kilve Court. This could include coaching from the bank or being on a craft. (If the instructor is coaching from the bank then they must have a throwline) 	1	5	5				
All participants – Injury from heavy lifting	 Instructor training and competency Safety brief for all participants Constant monitoring of whole group At least 2 participants per craft when lifting 	2	2	4	Ensure boats have been emptied of water and lifted using correct technique.			

Who could be harmed, and how?	What is already being done to control the risks?			ating Likelihood	What further action is recommended to reduce risks further?	Action by whom?	Date action due	Date action done
		S	L	SxL	risks fulfiler?	Wilding	uue	uone
	Coach participants to follow correct manual handling procedures when lifting heavy objects Instructor to coach lifting procedures							
All participants - Drowning	 Instructor training and competency Constant monitoring (by using good group control and ensuring position of most usefulness to be quick to respond to any capsize.) Safety brief for all participants Correct use and fitting of PPE 	5	1	5	Instructors to ensure that between them they can easily and quickly reach any participant and that all PPE is correctly fitted.			
All participants - Entrapment	 Instructor training and competency All staff on water must have a knife/cutter on their person to release any straps or ropes. Safety foldaway knifes or ones with sheath and blunt tip Safety brief for all participants Correct use and fitting of PPE Ensuring that all lines are clean Improvised rafts are to made of a secure design to minimise entrapment risk Improvised rafting – no seatbelts, group to made aware of entrapment risk Improvised rafting – no water users on the water without the instructor being on first / in windy conditions the instructor may 'leash' the raft with a clean line (no knots) 	5	1	5	Make sure all lines used are clean and each instructor carries a knife.			
All participants – Stranger danger	 Instructor training and competency Safety brief for all participants Constant monitoring of whole group 	3	1	3	Close supervision and group control throughout session including when on and off the water.			

^{*} Click here . for guidance in calculating Risk Rating. Rate the severity of the potential harm (between 1-5, where 5 is fatal) and the likelihood of the harm occurring (again 1-5 where 5 is very likely). Guidance is at .HS 004.

Please now	pass this assessment	to your m	nanager for appr	oval
Name of assessor's manager:	Annouska Evans	Date:	13/01/2023	Manager's comments
Signature:	AEvans			