



Somerset DofE
Information and kit list



Open Silver/ Gold 2025 - Practice Only

Thank you for signing-up for our Silver or Gold **Practice** only Expedition Package. We are delighted to give you the opportunity of doing the first part of this key section of the Award.

We will group the participants by award type – Silver or Gold on arrival

Payment / Terms and Conditions

The cost will be £160 per person and payable through the SSE Outdoors website [Home \(sseoutdoors.co.uk\)](https://www.sseoutdoors.co.uk)

Dates – we will run one expedition as a practice – you will hopefully have done training at your DofE centre before coming to Kilve, but we will re cap what is needed on day one also

Training / Practice Expedition – 10 – 13th April 2025

Please arrive at 1pm on 10th April at Kilve TA5 1EA – to sort kit as needed and do route cards

Please collect at 4pm TBC on 13th April from Kilve TA5 1EA

Note - We will transport you to/from Dartmoor for your qualifying expedition All Young people will do the same dates, regardless of Silver Practice or Silver Qualifier

Food and Drink - each student must

Provide own breakfast for **each full** day

Provide snacks and packed lunches for **each** days.

Provide own evening meal for **each night**, This should be simple boil in the bag / pasta / rice type meals.

Water – each person must carry **1 ½ litres of water** – please bring own water bottles. These can be re filled at the campsite

School Staff / SSE Staff Levels

SSE Outdoors will provide supervisors for the duration of the expedition

SSE Outdoors will provide an assessor for the qualifying expedition who will do all assessor reports for the group

Transport

Participants to make their own way to Kilve and be collected from Kilve.

Young people to confirm pick up time with parents on the last day.

SSE Outdoors will transport the group to and from Exmoor as part of the package

Kit

Please see kit list for more information on what to bring / wear / carry for the expeditions. If you have any questions, please ask.

Any personal equipment in yellow needed – can be organised on arrival

All group kit in green – will be provided by SSE Outdoors

Additional points

SSE Outdoors reserve the right to cancel the expedition due to Weather or other major concerns. We will do this 48 hours before the event. We will then look to re book at a time that suits the group in the future.

SSE may decide to use technology as an integral part of the expedition for navigation, safety, recording the event as they see fit. This may include allowing students to utilise helpful aspects of mobile phones but will not take away from the need for good solid navigation.

Questions

We are here to help and support before, during and after the practice and expedition weekends. If you have any questions, please contact us as below

Tel 01278 741270 DofE@somerset.gov.uk

Kit List for All Expeditions

Please wear / bring the following in your Rucksack

1 pair of hiking boots (broken in!)	Sleeping bag
2 pairs of hiking socks	Sleeping bag liner (optional)

Jacket – waterproof and windproof	Whistle
Waterproof over trousers	Torch and spare batteries
2 fleece tops or similar	Personal first aid kit
2-3 t shirts –(thermal optional)	Expedition food including emergency ration
2 walking trousers (not jeans)	Water bottle
1 pair shorts – if appropriate	Cutlery
Underwear	Plate / bowl
Nightwear	Mug
Hat – warm or sunhat as appropriate	Box matches in waterproof container
Gloves if appropriate	Wash kit/ personal hygiene items
Gaiters – optional	Sunscreen
Rucksack	Towel
Roll Mat	Emergency money (optional)
	Notebook and pencil
	Watch
Gold only – water purification tablets for wild camping night – per group TBC	T -Towel / Sponge and Washing up Liquid
	Individual hand sanitiser
	Small packet of anti bacterial wipes

Group Kit

Tent - one per student	To be provided by SSE Outdoors
Trangia for cooking & Gas – two per group	To be provided by SSE Outdoors
Compass – 2 per group	To be provided by SSE Outdoors
Map – 2 per group	To be provided by SSE Outdoors

Group Kit in green will be provided by SSE Outdoors

Personal Kit in yellow – can be provided by SSE Outdoors on arrival

[Expedition-Aim-and-Requirements-1.pdf \(dofe.org\)](https://www.dofe.org/expedition-aim-and-requirements-1.pdf)

To successfully 'pass' your expedition requirements are as per the link. SSE Outdoor staff will ensure that you understand these on the practice expedition, so that you understand what the assessor will be assessing on the qualifier weekend.