



Risk assessment form (H&S)

Name of assessor(s)	Callum McMillan	Group / Establishment:	SSE Outdoors
Date	13/01/26		

What is the workplace / activity:	How was the assessment done?	Next review date:
Grass Sledging is undertaken on two maintained slopes within the grounds of Kilve Court. One a purpose built slope with a launching area and the other in 'Folly Field' where start areas must be clearly marked. Both slopes have longer grass and less incline towards the base to slow sledges gradually and avoid overrun	Completed by centre management in consultation with instructors	January 2026
		Is the assessment 'generic' or specific to the situation?

Who could be harmed, and how?	What is already being done to control the risks?	*Risk Rating Severity x Likelihood			What further action is recommended to reduce risks further?	Action by whom?	Date action due	Date action done	Residual Risk Rating Severity x Likelihood		
		S	L	S x L					S	L	S x L
All participants – Clothing/ hair entrapment & jewellery.	<ul style="list-style-type: none"> COP guidance regarding clothing to be followed. Hair to be tied back and/or tucked out of the way throughout session. Any jewellery to be removed at start of session. 	2	2	4							
All participants – Slips, trips, falls & minor injuries	<ul style="list-style-type: none"> Walking always expected. Group to be always kept under control. Briefed to take care moving up or down the slope. 	2	2	4							

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		S	L	S x L					S	L	S x L
	<ul style="list-style-type: none"> All staff to have first aid kit on session. 										
All participants – Extreme weather.	<ul style="list-style-type: none"> Check weather prior to start of session/day Cease activity if lightening is within 2 miles (1 mile per second from thunder to lightening) Alternative activity identified if winds are high	2	3	5							
All participants – falling from a sledge	<ul style="list-style-type: none"> demonstrate a exit strategy as part of the safety brief. This is only taught if they are going to overrun or exit the course. This method is not to be used to stop Ensure a clear signal is taught in case a participant falls out of their sledge. 'I'm ok' Ensure participants are age and size appropriate for the activity Safety brief given to all and reiterated throughout session Continuous monitoring of session Accompanying adults to assist with supervision 	4	2	8							
All participants – Safety equipment failure/ damage	<ul style="list-style-type: none"> Manufacturers guidelines for replacement, storage of equipment to be followed. Equipment checks to be carried out in line with equipment management procedure. 										

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	<ul style="list-style-type: none"> Instructor to check equipment for signs of wear and damage each session. Report any damaged equipment, and place in the 'de-com bin' in core stores with corresponding defect form filled out. Regular equipment inspections to be carried out and recorded. Site maintenance carried out on a schedule by groundskeeper Report defects to grounds staff Check slope at the start of each session for ruts or large stones and debris. 										
All participants – Injuries caused by equipment on session.	<ul style="list-style-type: none"> Clear safety brief given to all Clear crossing located at bottom of hills Observers clear of slope, behind banks. Hands to always remain on the handles inside the sledge while moving. Clothing and long hair tied up for hair & tucked away. Instructions given prior to release to remind of how to steer. Helmets to be worn throughout the session for all participants. 	4	1	4							

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		S	L	S x L					S	L	S x L
All participants – over running the course	<ul style="list-style-type: none"> • Not recommended for participants over 14 years of age. • Long grass over run area provided. • Participants briefed on how to steer their sledge • Ensure clear communication 	4	2	8							

* Please refer to the risk rating matrix below. Further guidance on how to calculate a risk rating from the matrix is on the [Risk Assessment policy HS 004](#).

Please now pass this assessment to your manager for approval				
Name of assessor's manager:	Karl Watson	Date:	17/02/2025	Manager's comments
Signature:	K Watson			

Risk Matrix				Risk Rating					Consequence (Impact/Severity of Injury)				
				Very High (VH) 16-25	High (H) 10-12	Medium (M) 5-9	Low (L) 1-4	1. Insignificant	2. Minor	3. Moderate	4. Major	5. Catastrophic	
								• Near Miss. • No treatment required.	• First-Aid treatment (e.g. minor cuts, bruises, bumps)	• Medical treatment • Lost time of >3 working days.	• Serious injury/medical treatment. • Hospitalisation. • Lost time (RIDDOR)	• Loss of life. • Permanent disability.	
				Likelihood Descriptor		Consequence Descriptor							
Likelihood (Probability/Chance)	Very likely. Event is expected to occur in most circumstances: More than 95% chance of occurring.			5.	Almost Certain	M-5	H-10	VH-15	VH-20	VH-25			
	There is a strong possibility the event will occur. Between 65% - 95% chance of occurring.			4.	Likely	L-4	M-8	H-12	VH-16	VH-20			
	The event has occurred before or could again. Between 35% - 65% chance of occurring.			3.	Possible	L-3	M-6	M-9	H-12	VH-15			
	The event is not expected to occur but could under specific circumstances. Between 5% - 35% chance of occurring.			2.	Unlikely	L-2	L-4	M-6	M-8	H-10			
	The event has not occurred before, but it may occur in exceptional circumstances. < 5% chance of occurring.			1.	Rare	L-1	L-2	L-3	L-4	M-5			