



Risk assessment form (H&S)

Name of assessor(s)	Carly Kew	Group / Establishment:	Great Wood / SSE Outdoors
Date	January 2026		

What is the workplace / activity / equipment / conditions (delete as appropriate) being assessed:	How was the assessment done? e.g. desktop exercise, site visit, in consultation with employees, managers, safety representatives?	Next review date: January 2027
Team Challenges – Various size team challenge elements & activities on permanent or removable stances. Some elements of low ropes can be used as well as rocket building & launching. To encourage teamwork, communication skills and confidence.	Site Visit – in consultation and agreement with instructors & GWT	Is the assessment 'generic' or specific to the situation? G

Who could be harmed, and how?	What is already being done to control the risks?	*Risk Rating Severity x Likelihood			What further action is recommended to reduce risks further?	Action by whom?	Date action due	Date action done	Residual Risk Rating Severity x Likelihood		
		S	L	S x L					S	L	S x L
Instructors & participants Slips, trips and falls at ground level	<ul style="list-style-type: none"> Activity/safety brief given to all participants Correct clothing/footwear to be worn suitable for activity/weather conditions Activity area to be checked for debris before start of activity Individual stances to be checked before start of sessions 	2	2	4							

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		S	L	S x L					S	L	S x L
Instructors & participants Slips, trips & falls from height	<ul style="list-style-type: none"> Safety brief given to all participants – standing on crates, planks, logs Extra care to be taken in wet conditions Brief participants on correct lifting techniques A minimum of 3 participants on either side of the spider's web to lift volunteers through it No shoulder carries or lifting above heads by an individual No participant is pressured to lift or be lifted for any of the elements 	3	2	6							
Instructors & participants Splinters /rope burns	<ul style="list-style-type: none"> Safety brief given to all participants Participants briefed on carrying wooden objects or sharp plastic objects Participants instructed not to slide hands along wooden objects or ropes Extra care to be taken in wet conditions 	2	2	4							
Instructors & participants Back injuries from lifting	<ul style="list-style-type: none"> A clear safety briefing given to all participants on correct lifting techniques, with a demonstration Bending at the knees, keep back straight Continuous monitoring and support given throughout session when participants are being lifted 	3	2	6							

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		S	L	S x L					S	L	S x L
	<ul style="list-style-type: none"> Brief participants to hold hands or wrists, not to interlock fingers All participants briefed on spotting techniques, can then be used throughout the session 										
Instructors & participants Hit by flying objects	<ul style="list-style-type: none"> Safety brief given to all participants Clear safe areas to be marked out for spectators Participants only go to launch site when the instructor calls them over Instructor must supervise each launch, due to high pressure Ensure landing areas are kept clear, and participants know not to walk across area until told to do so by an instructor 	2	2	4							

* Please refer to the risk rating matrix below. Further guidance on how to calculate a risk rating from the matrix is on the [Risk Assessment policy HS 004](#).

Please now pass this assessment to your manager for approval

Name of assessor's manager:	Ack Moore	Date:		Manager's comments
Signature:				

Risk Matrix

Risk Rating				Consequence (Impact/Severity of Injury)				
Very High (VH) 16-25	High (H) 10-12	Medium (M) 5-9	Low (L) 1-4	1. Insignificant	2. Minor	3. Moderate	4. Major	5. Catastrophic
Likelihood Descriptor		Consequence Descriptor		• Near Miss. • No treatment required.	• First-Aid treatment (e.g. minor cuts, bruises, bumps)	• Medical treatment • Lost time of >3 working days.	• Serious injury/ medical treatment. • Hospitalisation. • Lost time (RIDDOR)	• Loss of life. • Permanent disability.
Likelihood (Probability/Chance)	Very likely. Event is expected to occur in most circumstances: More than 95% chance of occurring.	5.	Almost Certain	M-5	H-10	VH-15	VH-20	VH-25
	There is a strong possibility the event will occur. Between 65% - 95% chance of occurring.	4.	Likely	L-4	M-8	H-12	VH-16	VH-20
	The event has occurred before or could again. Between 35% - 65% chance of occurring.	3.	Possible	L-3	M-6	M-9	H-12	VH-15
	The event is not expected to occur but could under specific circumstances. Between 5% - 35% chance of occurring.	2.	Unlikely	L-2	L-4	M-6	M-8	H-10
	The event has not occurred before, but it may occur in exceptional circumstances. < 5% chance of occurring.	1.	Rare	L-1	L-2	L-3	L-4	M-5