



Risk assessment form (H&S)

Name of assessor(s)	Callum McMillan	Group / Establishment:	SSE Outdoors
Date	January 2026		

What is the workplace / activity:	How was the assessment done?	Next review date:
The stream runs through Crooked acre Copse and is accessed via a short walk along Pardlestone Lane onto a permissive path through a field and over a stile into the woods.	Site visit – Activities Manager and Lead Instructors	January 2027
		Is the assessment 'generic' or specific to the situation?

Who could be harmed, and how?	What is already being done to control the risks?	*Risk Rating Severity x Likelihood			What further action is recommended to reduce risks further?	Action by whom?	Date action due	Date action done	Residual Risk Rating Severity x Likelihood		
		S	L	S x L					S	L	S x L
All participants – Clothing/ hair entrapment & jewellery.	<ul style="list-style-type: none"> COP guidance regarding clothing to be followed. Hair to be tied back and/or tucked out of the way throughout session. Ankle support footwear to be worn, (No Open toe) Any jewellery to be removed at start of session. 	2	2	4							

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		S	L	S x L					S	L	S x L
All participants – Slips, trips, falls & minor injuries	<ul style="list-style-type: none"> Walking always expected. Group to be always kept under control. Briefed to take care moving on uneven ground. All staff to have first aid kit on session. Appropriate guidance from Instructor guiding them down the course. Instructor to adopt position of most usefulness for obstacles in stream. 	2	2	4							
All participants – Extreme weather.	<ul style="list-style-type: none"> Check weather prior to start of session/day Cease activity if lightning is within 2 miles (1 mile per second from thunder to lightning) Alternative activity identified if winds are high. (Yellow warning or higher) Regular shade and hydration breaks during summer period. 	2	3	5							
All participants – Immersion in cold water	<ul style="list-style-type: none"> Suitable clothing and footwear to be worn. Avoid long periods in water in colder months. Weather forecast to be checked. Challenge by choice about going into the water. 	3	1	3							
All participants – Drowning	<ul style="list-style-type: none"> Close monitoring of participants by instructor and regular guidance provided. Water level to be checked at start of the day. Clear briefing of group staff to support instructor. by being at the back of the group. 	5	1	5							

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		S	L	S x L					S	L	S x L
	<ul style="list-style-type: none"> Instructor to adopt position of most usefulness. Regular head counts at each obstacle. 										
All participants – Getting lost, going with an unknown person	<ul style="list-style-type: none"> Maintain good group control Involve supporting staff members to always monitor group Group staff briefed to support instructor and reminded throughout session. Regular headcounts. 	5	1	5							
All Participants <ul style="list-style-type: none"> Contamination 	<ul style="list-style-type: none"> All participants to rinsed off at provided outdoor showers. Monitoring of participants who have could have been in contact faecal matter / fungi or ingested pond or stream water. 	3	1	3							

* Please refer to the risk rating matrix below. Further guidance on how to calculate a risk rating from the matrix is on the [Risk Assessment policy HS 004](#).

Please now pass this assessment to your manager for approval				
Name of assessor's manager:	Luke Hoather	Date:	14/1/26	Manager's comments
Signature:	<i>Lhoather</i>			