



# Risk assessment form (H&S)

Name of assessor(s)	Lawrence Wilson	Group / Establishment:	SSE
Date Review Date	18/2/26 Annually		Outdoors Charterhouse Centre

Venue Description	How was the assessment done?	Mobile Phone Signal
		Pool
Team building, wide games and team games – Around the centre	Completed by the Senior Instructor in consultation with other staff, utilizing their knowledge and experience of these types of activities	Nearest Landline
		Charterhouse

Person Affected	Hazard(s) Identified	Existing Controls?	Risk Rating * Severity x Likelihood			What further action is recommended?	Action by whom?	Date action due	Date action done
			S	L	S x L				
Participants and visiting staff Instructor	Slips, trips and falls	<p>Safety/Activity briefing for all participants, and constant monitoring throughout the session</p> <p>Any rabbit holes or other hazards to be pointed out or filled in. Avoid if possible</p> <p>Vigilance of instructors in watching out for hazards or hazardous behaviour</p> <p>Participants to wear suitable footwear</p> <p>Instructor to adopt a position of greatest use (POGU) strategy in high risk areas</p> <p>Utilise visiting staff to maintain high standards of group control</p>	2	2	4				

Person Affected	Hazard(s) Identified	Existing Controls?	Risk Rating * Severity x Likelihood			What further action is recommended?	Action by whom?	Date action due	Date action done
			S	L	S x L				
Participants	Falling from balance beam, crates, slack line etc	<p>Safety/Activity briefing for all participants, and constant monitoring throughout the session</p> <p>Instructor to adopt a position of greatest use (POGU) strategy in high risk areas</p> <p>Instructor training/observations</p> <p>Helmets to be worn if needed – Spiders web</p> <p>Spotting to be used if needed</p> <p>Group briefed on how to fall or step off equipment safely</p>	3	2	6				
Participants	Collision with object/apparatus/people	<p>Safety/Activity briefing for all participants, and constant monitoring throughout the session</p> <p>Instructor training/observations</p> <p>Helmets to be worn if needed</p>	2	3	6				
Participants and visiting staff Instructor	Hit by Rocket	<p>Safety/Activity briefing for all participants, and constant monitoring throughout the session</p> <p>The Rocket operates under pressure. Instructor to supervise the launch closely</p> <p>Ensure the area to be used is clear from passers by</p> <p>Participants to be sat behind launch pad</p>	2	1	2				

Person Affected	Hazard(s) Identified	Existing Controls?	Risk Rating * Severity x Likelihood			What further action is recommended?	Action by whom?	Date action due	Date action done
			S	L	S x L				
Participants and visiting staff Instructor	Food poisoning from eggs used for team challenges	Safety/Activity briefing for all participants, and constant monitoring throughout the session  All participants to wash their hands after the activity has finished and eggs put in the bin	3	1	3				
Participants	Falling injury on spiders web – person being passed through	Safety/Activity briefing for all participants, and constant monitoring throughout the session  Instructor to adopt a position of greatest use (POGU) strategy in high risk areas  Instructor training/observations  Helmets to be worn if needed  Spotting to be used when possible	3	2	6				
Participants and visiting staff Instructor	Injury whilst lifting on the spiders web – team lifting	Safety/Activity briefing for all participants, and constant monitoring throughout the session  Group briefed on how to safely lift  Techniques discussed  Instructor to adopt a position of greatest use (POGU) strategy in high risk areas	3	1	3				

Person Affected	Hazard(s) Identified	Existing Controls?	Risk Rating * Severity x Likelihood			What further action is recommended?	Action by whom?	Date action due	Date action done
			S	L	S x L				
Participants and visiting staff Instructor	Injury from falling tree branches during activity – in high winds.	Safety/Activity briefing for all participants, and constant monitoring throughout the session  Instructor to assess where an appropriate location is for activity to be held.  Instructor to constantly assess the conditions and make decision on whether it is safe or not to continue activity in vicinity of trees.	2	2	4				

**Assessor's Signature – Where a review takes place resulting in no changes to the assessment and risk rating this form can be re-signed, dated, any relevant comments made and a note added for the next review date.**

<b>Print</b>	Lawrence Wilson	<b>Date</b>	18/2/26	<b>Comments</b>	
<b>Sign</b>	Lawrence Wilson				